REQUIRED MINIMUM DISTRIBUTION PLAN FORM
(for non-Roth IRAs and 403(b)(7) plan accounts only)

Please complete this form if you are required to take a Required Minimum Distribution (RMD) from your non-Roth IRA or 403(b)(7) plan account and you are requesting a periodic distribution. Complete this form only if you would like to make a change to an existing distribution schedule or if you do not have a distribution schedule established. If you have any questions about this form, please call your Financial Representative.

If you were born on or before June 30, 1949:
For non-Roth IRA owners, you are required to begin your RMD in the year you attained age 70 1/2. For 403(b)(7) plan participants, you are required to begin your RMD in the later of the year in which you attained age 70 1/2 or the year in which you retire. However, both non-Roth IRA owners and 403(b)(7) plan participants may delay their first RMD until April 1st of the following year.

If you were born on or after July 1, 1949:
The recent passage of the SECURE Act has increased the RMD age from age 70 1/2 to 72 for those individuals who attain age 70 1/2 on or after January 1, 2020. Therefore, if you were born on or after July 1, 1949, the same RMD rules apply as summarized above, except that they apply to you based on whether you have attained age 72 (instead of age 70 1/2).

If you would like to take a one time or lump sum distribution, please complete the IRA Distribution Request Form or 403(b)(7) Distribution/Transfer Request Form.

1 ACCOUNT INFORMATION

OWNER’S NAME (First, Middle Initial, Last)

STREET ADDRESS
CITY   STATE ZIP CODE

☐ Please check this box if you would like to update the address on your account to the above. Please note P.O. Boxes are not allowed. For additional information please call the number on your account statement.

DATE OF BIRTH (MO/DAY/YR)   SOCIAL SECURITY NUMBER
(   )   (   )

DAYTIME PHONE NUMBER EVENING PHONE NUMBER

2 RETIREMENT PLAN TYPE(S) AND ACCOUNT NUMBER(S)

Select the plan type and reference your account number(s) from which you will receive your RMD. Note that Required Minimum Distributions are based on the value of each of your retirement accounts within a given plan. Distributions will be withdrawn from each of these fund accounts proportionately.

Plan Type(s):
☐ TRADITIONAL (REGULAR) IRA  ☐ ROLLOVER IRA  ☐ SEP-IRA  ☐ 403(b)(7) PLAN ACCOUNT

Fund Account Number(s):  

Fund Account Number(s):  

3 PURPOSE OF REQUEST

Check Only One:
☐ ESTABLISH a new automatic withdrawal plan.

If you check this box, ☐ CHANGE an existing automatic withdrawal plan.

provide ONLY the information that is changing.
4 DISTRIBUTION OPTIONS AVAILABLE

A. Please calculate and send me the required minimum distribution based on the Uniform Lifetime table or, if applicable, the Joint Life and Last Survivor Life Expectancy table. This calculation is based on current IRS regulations. If your sole primary beneficiary is your spouse who is greater than 10 years younger than you, please fill out the section below.

<table>
<thead>
<tr>
<th>Beneficiary Name</th>
<th>Beneficiary Date of Birth</th>
<th>Beneficiary SS#</th>
</tr>
</thead>
<tbody>
<tr>
<td>(first and last name)</td>
<td>(month/day/year)</td>
<td></td>
</tr>
<tr>
<td>__ / __ / __ __ __ __ __ __ __ __</td>
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<td>__ __ __ __ __ __ __ __ __</td>
</tr>
</tbody>
</table>

Your beneficiary must be the one previously designated by you. If you would like to change your beneficiary information, please call 1-800-645-6561 for IRA’s or 1-800-358-0910 for 403(b)(7) plans and request the Beneficiary Designation Form.

B. I want an amount greater than the required minimum distribution as specified below. The amount entered will be divided according to the schedule you choose below. Important for 403(b)(7) Plans: 20% federal tax withholding may be applied on the amount over the RMD. The Special Tax Notice Regarding Plan Payments describes this tax and the rollover rules.

<table>
<thead>
<tr>
<th>Fund Account Number</th>
<th>Dollar Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

5 FEDERAL INCOME TAX WITHHOLDING

The Bank of New York Mellon is required to withhold 10% of your required minimum distribution for Federal income tax purposes unless you elect otherwise below. If you elect not to have withholding apply to your distribution, or if you do not have enough Federal income tax withheld from your distribution, you may be responsible for payment of estimated tax. You may incur penalties under the estimated tax rules if your withholding and estimated tax payments are not sufficient. If you do not elect out of withholding, by checking the box below, withholding will be based on the gross amount of your distribution even though a portion of your distribution may not be subject to tax (e.g., if you have made non-deductible contributions to your IRA or 403(b)(7) Plan).

- I do want income tax withholding applied to my IRA or 403(b)(7) plan distribution and understand that withholding will be applied at the rate of 10% unless a different withholding percentage is specified _______% (minimum of 10%).
- I do not want income tax withholding applied to my IRA or 403(b)(7) plan distribution.

6 STATE INCOME TAX WITHHOLDING

Depending on your state of residency, state income tax withholding may be required from your distribution. If applicable, you may elect a withholding rate that is above your state’s minimum withholding rate. Certain states may permit you to elect not to have withholding apply. If a minimum withholding rate is required by your state, the custodian will withhold applicable state taxes regardless of your election below. The custodian does not withhold state taxes for all states. To the extent permitted by applicable state law, an election to not have Federal income tax withheld will also apply to state income taxes. To review the impact of state withholding for your state of residence, please speak to your tax consultant.

- I do want state income tax withholding applied to my IRA or 403(b)(7) plan account distribution at a rate of _______%.
- I do not want state income tax withholding applied to my IRA or 403(b)(7) plan account distribution.

7 PERIODIC DISTRIBUTIONS

Periodic Distribution Schedule

Complete this section to set up a regular schedule of distributions. If an amount is entered in Section 4B above, it will be divided according to the schedule you choose below. Please choose a date that has not already passed from the date we receive this document.

For First-Year RMD options, see Page 3.

Please make distributions on the following schedule:

<table>
<thead>
<tr>
<th>_____ Monthly _____</th>
<th>Quarterly _____</th>
<th>Semiannually _____</th>
<th>Annually _____</th>
</tr>
</thead>
</table>

Beginning distribution date: ___ ___ / ___ ___ / ___ ___ ___ ___

* Dreyfus Money Market Fund investors only

A December payment of a periodic distribution you select above can only be processed between the 1st and 15th day of December. If you enter a day after the 15th of the month, your December distribution (if applicable) will be made on or about December 15th. Distributions in non-money market funds scheduled for December will be processed on the day you select above.
7 PERIODIC DISTRIBUTIONS (continued)

First-Year RMD
If the option below does not apply, do not complete this section. Complete only the Periodic Distribution Schedule on the previous page.

If you were born on or before June 30, 1949:
Annual RMDs from non-Roth IRAs generally must be distributed by December 31st of each year, beginning with the year in which you reach age 70½. Annual RMDs from 403(b)(7) plan accounts generally must be distributed each year by December 31st, beginning with the later of the year in which you reach age 70½ or the year in which you retire. However, if this is your first RMD, you are permitted to postpone your RMD by three months until April 1st of the following year. For example an IRA owner that attains age 70½ in 2019 may postpone the first RMD until April 1, 2020. This postponement may only apply to your first RMD. If you postpone your first RMD, the IRS requires that you take your second RMD by December 31st of that same year.

If you were born on or after July 1, 1949:
The recent passage of the SECURE Act has increased the RMD age from age 70½ to 72 for those individuals who attain age 70½ on or after January 1, 2020. Therefore, if you were born on or after July 1, 1949, the same RMD rules apply as summarized above, except that they apply to you based on whether you have attained age 72 (instead of age 70½).

☐ I have previously postponed my first RMD until this year. I would like to take my first RMD immediately upon receipt of this form. Instruction must be received prior to April 1st.

8 DISTRIBUTION INSTRUCTIONS

Option A: ☐ I want my distribution(s) credited to an existing non-retirement account. Fund Account #:_______________________
(If you select this option, the distribution amount must meet the fund’s required minimum for subsequent investments (usually $100). If you are not a registered owner on the non-retirement account, a Medallion Signature Guarantee (see Section 9) is required.

Option B: ☐ I want my distribution check(s) sent to the alternate payee address indicated below. Please note: A Medallion Signature Guarantee* is required in this case. If alternate address is a bank, please include your bank account number below.

Alternate Payee

Alternate Address (Street or PO Box) (Apt. No.)

(State) (Zip Code) Bank Account Number

Please note: If alternate payee is a charity, Federal income tax withholding will not be applied.

Option C (select one of the following):
☐ I want my distribution(s) sent by Automated Clearing House (ACH) to my bank. Attach a voided check from your bank account below. A Medallion Signature Guarantee* is required. Money will be transferred only to the bank account indicated on the voided check. Upon receipt of this form, BNY Mellon Transfer, Inc.(the "Transfer Agent") is authorized to credit my bank account indicated below using the ACH option.

☐ I want my distribution(s) sent by Automated Clearing House (ACH) to the bank account on file that has received previous distributions from us. A Medallion Signature Guarantee* is not required.

Option D: ☐ Please send my check to the current address of record on my account.

If you did NOT select one of the above-listed options, Option D will be used as the default method of distribution. Please note: Requests for $100,000 or more require a Medallion Signature Guarantee.*
9 PARTICIPANT AUTHORIZATION

I understand and agree that any distributions are fully taxable to me as ordinary income in the year in which they are distributed unless I have made non-deductible contributions to my account(s) in which case the portion of the distribution representing non-deductible contributions will not be subject to tax.

The undersigned warrant(s) that I have full authority and am of legal age to purchase shares pursuant to this form, have received a current Fund Prospectus and agree to be bound by its terms, and that all representations accompanying this form pursuant to the regulatory authority of any State, are true. I agree that the Transfer Agent, the Fund in which I am investing, BNY Mellon Investment Adviser, Inc. or any subsidiary or their officers, directors, trustees or employees will not be liable for any loss, expense or cost for acting upon any instructions or inquiries believed genuine. In connection with any applicable telephone privileges, the Fund will require its Transfer Agent to employ reasonable procedures, such as requiring a form of personal identification, to confirm that instructions relayed by telephone are genuine and, if it does not follow such procedures, the Fund or the Transfer Agent may be liable for any losses due to unauthorized or fraudulent instructions. Neither the Fund nor its Transfer Agent will be liable for following telephone instructions reasonably believed to be genuine.

I acknowledge that mutual fund shares are not FDIC-insured. They are not bank deposits, bank obligations or bank-guaranteed. They pose investment risks, including the possible loss of principal.

Taxpayer Identification Number Certification: Under the penalties of perjury, I certify [1] that the Social Security Number or Taxpayer Identification Number shown in Section 1 of this form is my correct Taxpayer Identification Number, [2] that I am not subject to backup withholding either because: (a) I am exempt from backup withholding, or (b) I have not been notified that I am subject to backup withholding as a result of a failure to report all dividends, or the Internal Revenue Service has notified me that I am no longer subject to backup withholding, and [3] I am a U.S. person (including a U.S. resident alien) and [4] the Foreign Account Tax Compliance Act ("FATCA") code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct. If you are exempt from FATCA reporting (if you are unsure, consult your tax advisor or the IRS), enter your exemption from FATCA reporting code (if any) here: __________________________. NOTE: Strike out item [2] if you have been notified that you are subject to backup withholding by the IRS and you have not received a notice from the IRS advising you that backup withholding has been terminated.

The Internal Revenue Service does not require your consent to any provision of this document other than the certifications required to avoid backup withholding.

Individual — Signature of a U.S. citizen

Medallion Signature Guaranteed By*:

Your signature(s) must be guaranteed here as described below.

Medallion Signature Guarantee

* A Medallion Signature Guarantee is a stamped or typewritten assurance from a financial institutional (guarantor) that a signature or endorsement is genuine. Please check with your financial institution to be certain their guarantee will meet the requirements stated below.

BNY Mellon Transfer, Inc. (Transfer Agent) has adopted standards and procedures pursuant to which Medallion Signature Guarantees in proper form generally will be accepted from domestic banks, brokers, dealers, credit unions, national securities exchanges, registered securities associations, clearing agencies and savings associations participating in the New York Stock Exchange Medallion Signature Program (MSP), the Securities Transfer Agents Medallion Program (STAMP) and the Stock Exchanges Medallion Program (SEMP). Notarization by a Notary Public is not an acceptable guarantee.

Please mail this completed form to: BNY Mellon Institutional Department
P.O. Box 9882
Providence, RI 02940-8082

For Registered, Certified or Overnight Mail, please mail to: BNY Mellon Institutional Department
4400 Computer Drive
Westborough, MA 01581